


OUR  
STORY  
*magazine*





# 31 Ways to Embrace Autumn

- Buy sunflowers for yourself or a friend
- Bake a yummy smelling and tasty pie
- Hike through a forest on a crisp sunny day
- Make butternut squash soup (pages 118–119)
- Take a scenic road trip to view changing leaves
- Update the décor on your fireplace
- Create a centerpiece for your table (pages 138–139)
- Donate food to your local food bank
- Volunteer to serve at a local homeless shelter
- Toast marshmallows over a cozy backyard fire
- Make some gooey-good s'mores
- Buy or make a snuggly throw for your sofa
- Enjoy a cup of chai tea with a friend
- Go on a weekend camping trip
- Brew some cozy spiced apple cider
- Take a photo of your hand holding a leaf (pages 53 & 105)
- Visit a nearby apple or pear orchard
- Create or buy a wreath for your front door (see our blog)
- Shop freshly harvested produce at a farmers market
- Gather with friends or family at a fall festival
- Roast pumpkin seeds (page 119)
- Plant your favorite spring-flowering bulbs
- Send a care package to a friend or relative
- Bake some fluffy banana bread (pages 142–143)
- Begin that hobby you have been putting off
- Buy or make a warm scented candle
- Host a field trip to a local pumpkin patch
- Give money to a local initiative you admire
- Bake cookies for your neighbor (pages 144–145)
- Collect fall leaves to make a craft (pages 130–131)
- Gather the family to make homemade preserves

